

The connection between health and hearing

3.6 million

people in Australia have some level of hearing loss¹



1 in 2

people aged 60–70 have hearing loss¹



Seniors with hearing loss are significantly more likely to **develop dementia**²

People with mild hearing loss are

3x more likely

to have a history of falling.³



Untreated hearing loss

can contribute to social isolation, anxiety and depression⁴



Older adults with hearing loss experience **30–40% faster cognitive decline**⁵

Benefits of wearing hearing aids

Improved Communication⁶



Positive health outcomes⁷



Increased social engagement⁶



Lowered risk of depression⁷



Decreased onset of dementia⁸



Reduced fatigue⁶



- 1 Australian Government Department of Health and Aged Care. (2022, August 15). *About Ear health*. <http://www.health.gov.au/topics/ear-health/about>
- 2 The Royal Australian College of General Practitioners [RACGP]. (2021, February 3). *Hearing loss associated with increased dementia risk: Study*. <https://www1.racgp.org.au/newsgp/clinical/hearing-loss-associated-with-increased-dementia-ri>
- 3 Frank Lin. 'Hearing loss and falls among older adults in the United States'. *Archives of internal medicine*, 172(4) [2012], 369–371.
- 4 Aishwarya Shukla et al., 'Hearing Loss, Loneliness, and Social isolation: A Systematic Review'. *Otolaryngology-head and neck surgery*, 162(5) [2020], 622–633.
- 5 Frank Lin et al., 'Hearing loss and cognitive decline in older adults', *JAMA internal medicine*, 173(4) [2013], 293–299.
- 6 Jack Holman et al., 'Hearing Aids Reduce Daily-Life Fatigue and Increase Social Activity: A longitudinal Study', *Trends in hearing*, 25:23312165211052786 [2021].
- 7 Timothy Wells et al., 'Characteristics and Health outcomes Associated with Hearing loss and Hearing Aid Use Among Older Adults.', *Journal of aging and health*, 32(7–8) [2020], 724–734.
- 8 Frank Lin et al., 'Hearing intervention versus health education control to reduce cognitive decline in older adults with hearing loss in the USA (ACHIEVE): a multicentre, randomised controlled trial.', *Lancet (London, England)*, S0140-6736(23)01406-X [2023].

Hearing aid styles



Invisible-In-Canal (IIC)



Completely-In-Canal (CIC)



In-The-Canal (ITC)



In-The-Ear (ITE)



Behind-The-Ear (BTE)



Receiver-In-Canal (RIC)

- Hearing aids come in many discreet shapes and sizes.
- Hearing aids can have rechargeable options that are small and easy to use. A long-lasting charge delivers all-day hearing.
- Hearing aid sophistication can vary; dearer devices are more capable in challenging group situations.

How much do they cost?

Hearing aid costs can vary between \$600–\$6000 for one hearing aid. There are funding programme options available. Talk to your Hearing Healthcare Provider to find out more.

*Conditions apply to clients under the Australian Government's Hearing Services program, Workcover and NDIS. Workcover eligibility varies between states within Australia.



Australian Government
Department of Health and Aged Care



Your Hearing Healthcare Provider will help you understand which style and brand is best for you.



We recommend you visit Advanced Hearing Solutions, phone 1800 802 682

